



Safe Sleep Practices

Child's Name _____

Birthdate _____

Parent's Name _____

Classroom _____

The American Academy of Pediatrics recommends that healthy, full term infants sleep on their back to reduce the risk of Sudden Infant Death Syndrome (SIDS). This is considered to be primarily important during the first six month of age, when a baby's risk of SIDS is greatest. In order to reduce the risk of SIDS, our teachers follow the Safe Sleep Practices listed below.

Safe Sleep Practices:

- 1) Infants are placed on their back to sleep unless the school has been provided a letter from a physician authorizing another sleep position. The authorization must include how the infant should be placed as well as a length of time for which the instructions should be followed.
- 2) No items or blankets are placed in or on the crib with an infant.
- 3) No objects are attached to a crib with a sleeping infant.
- 4) Appropriate sleep clothing must be is provided by you to the school. Moon Valley Prep will only use sleep sacks and wearable blankets that fit according to the commercial manufacturer guidelines and will not slide up around the infant's face.
- 5) Swaddling is not used unless a written physician's statement is provided, including instructions and timeframe of swaddling.
- 6) Individual crib bedding is provided and cleaned daily or mor often when necessary.
- 7) Infants who fall asleep elsewhere will be moved to a crib to sleep.
- 8) No positioning devices or wedges are used, unless authorized by a physician.
- 9) Cribs are in compliance with the CPSC and ASTM standards.
- 10) Crib construction is in good repair and free of hazards.

I _____, have received a copy of the safe sleep policies and procedures. I understand that I am required to provide a physicians note that specifies instructions and timeframes for alternative care when my child needs care that may be in conflict with the above regulations.

Parent's Signature _____

Date _____